

FLYING WHEEL

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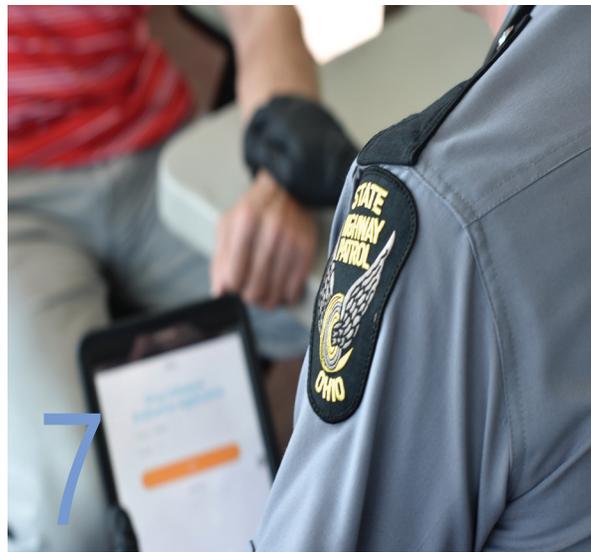
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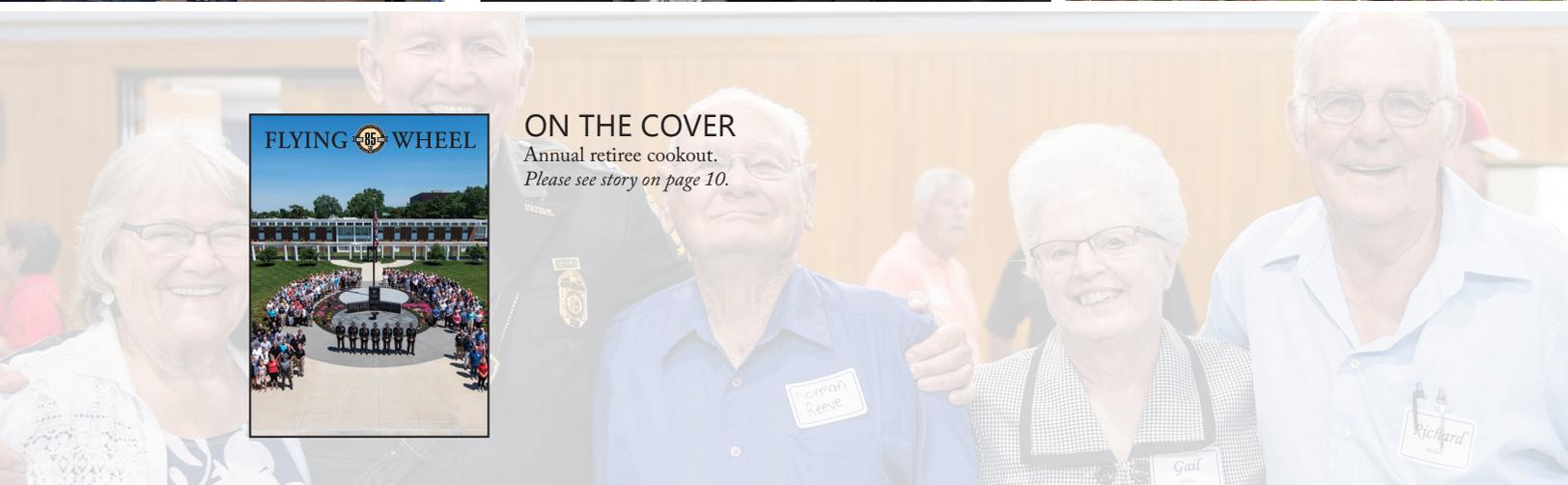


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OHIO STATE HIGHWAY PATROL

Colonel's Letter



The role of the Ohio State Highway Patrol has never been more important than it is today. Our state and our nation remain engulfed in a drug epidemic while drug-impaired and distracted driving continue to rise. In our 85 years of service, the critical nature of our mission has never been clearer.

State Troopers have continued to identify illegal activity and combat crime by looking beyond the initial reason for the traffic stop. This summer, troopers worked in conjunction with other state, federal and local law enforcement agencies to increase safety in and around the City of Cleveland. During the Cleveland PROTECT Detail (Page 4), troopers made more than 1,000 traffic stops, removed more than 21,000 grams of narcotics from the streets and recovered 25 illegal weapons. So far this year, troopers have recovered more than 900 illegal weapons — often stopping violent crime before it occurs.

We continue to make significant strides in preventing the senseless tragedies that occur when impaired drivers get behind the wheel. There have been 50 fewer alcohol-involved fatalities in Ohio this year and troopers have made more than 20,000 OVI arrests. Nearly 5,000 of those OVI arrests involved drugged impaired drivers. Our investment in drugged driver enforcement (Page 7) has played a vital role in our efforts to increase safety on all Ohio roadways.

As we draw near our 85th anniversary, it is important to reflect on our past, celebrate our heritage and re-dedicate ourselves to our mission of saving lives. Looking back, you can see how far we have come while remembering where we began. The success we continue to experience is the result of everyone working toward the mission "to provide professional law enforcement services focused on deterring crime and promoting traffic safety to improve the quality of life for those we serve."

Your continued support and hard work are leading this great organization into the 21st century and beyond. With the leadership and resolve to face tomorrow's challenges, and a long and proud history of faithful service, the Ohio State Highway Patrol will continue its reputation as a nationwide leader in law enforcement.

Together we have made, and will continue to make, a dramatic impact on safety and improve the quality of life in Ohio. I truly value this organization and I am both privileged and honored to represent you as the Superintendent.

Noblesse Oblige

A handwritten signature in black ink that reads "Colonel Paul A. Pride".

Colonel Paul A. Pride
Superintendent



PROTECT Cleveland

By Alexis Bartolomucci

The Ohio State Highway Patrol collaborated with 10 agencies from the local, state and federal level to reduce crime and violence in Cleveland and Cuyahoga County. The 10-week initiative began on April 23 and focused on traffic enforcement, identifying criminal activity, reducing violent crimes and drug activity.

The Patrol's Statistical Analysis Unit (SAU) identified areas within Cleveland's 4th and 5th Districts which showed the highest number of reported violent calls. SAU provided detailed information to assist agency commanders in deploying resources for maximum effectiveness.

A Prolonged Reduction of Threats by Enforcing Criminal Trends (PROTECT) Initiative commenced and was completed on June 30. Each week troopers had a different enforcement focus including criminal patrol initiatives, OVI and seatbelt enforcement, and warrant service. Operation plans were developed prior to the start of the week and outlined the details

including the number of participating units and the area of focus.

Information sharing and advancement would be a key component to the success of the operation. All information gained by troopers, local departments, and task force officers through interviews and cooperative suspects was shared with the OSHP Intel Unit. Any verified and useable intelligence was pursued.

Operational statistics were reported at the end of each two-day detail. Partner agencies used the same reporting mechanism and provided their statistics weekly. Functional activity and criminal cases were included in a weekly report.



A photograph of a trooper's back, showing a black tactical vest with the word "TROOPER" printed in large white letters. The trooper is wearing a grey uniform shirt and a black tactical vest with multiple straps and pockets. A radio is visible on the vest.

The Patrol conducted more than 1,000 traffic stops resulting in the removal of 31 drunk or drugged drivers from the roads, issued more than 340 seatbelt citations, and stopped to assist motorists 55 times. More than 21,000 grams of narcotics were seized, which included heroin, cocaine, crack, marijuana, ecstasy and prescription pills. Six stolen vehicles were recovered and 25 illegal weapons were removed.

To accomplish this success, the Patrol deployed resources from the Cleveland and Warren districts, the Ohio Investigative Unit, and five GHQ sections (Criminal Patrol, Special Response Team, Aviation, Vehicle Theft and Fraud Unit, and Licensing and Commercial Standards). Initiatives included OVI TAC squads, seatbelt TAC squads and criminal patrol TAC squads who worked varying times during a 12-week period. Everyone working together contributed to a successful outcome of the detail.

The results surpassed any expectations. The success of phase one resulted in the implementation of phase two. The Patrol has an unwavering commitment to promoting traffic safety, reducing crashes and removing the criminal element from our roadways. Through partnerships, the Patrol can aid in the betterment of our communities and continue to make Ohio a safe place to live and work.

"The success of the detail was made possible by the hard work and dedication by troopers, enforcement agents, analysts and dispatchers," Captain Chris J. Zurcher said.

Agencies involved in the detail included the Cleveland Division of Police; the Adult Parole Authority; the United States Marshals Service; the Bureau of Alcohol, Tobacco, Firearms and Explosives; the Federal Bureau of Investigation; the Drug Enforcement Administration; the Cuyahoga County Sheriff's Office; Metropolitan Housing Authority and the Cuyahoga County Prosecutor's Office; the United States Attorney's Office; and the Ohio State Highway Patrol.



Put-in-Bay Christmas in July

The Patrol's Mobile Field Force (MFF) was deployed for the annual Christmas in July event on Put-in-Bay. The event was held on July 21 and brought in thousands of guests. During the event, the population grows four to five times more than normal.

The Put-in-Bay Police Department contacted the Patrol and requested the assistance of the MFF. The last two to three years, the crowd had become disorderly with people coming in from out of town. An estimated 10-15 charter buses provided rides from Detroit to Put-in-Bay, specifically for the Christmas in July event.

Although the event takes place on an island, the Ohio Revised Code is still in effect and many guests who come in from out of town don't abide by the codes. A large police presence is helpful in enforcing those laws and keeping the guests - visitors and those who live on the island - safe.

The MFF troopers are specially trained in crowd control and crowd management. One platoon consisting of 33 troopers was deployed to Put-in-Bay, and was able to provide support for Put-in-Bay Police and protection of the guests who attended the event.

Troopers arrived at 10 a.m. at the Coast Guard Station Marblehead and began their shifts at noon. Each trooper was assigned to a 10-hour shift, a specific zone and called to the scene in the event of a dispute. Additionally, a group of troopers from the Sandusky Post was assigned to the Christmas in July event to keep the roadways safe.

The Mobile Field Force was created in 2011 with a mission to protect life and property. The troopers assigned are trained quarterly in crowd control, crowd management and extraction tactics. They are requested by several partner agencies to help with events that bring in large, and potentially disorderly, crowds.

Staff Lieutenant Edward Mejia said he is proud of the troopers who attended which made the event run as smooth as possible. The presence of the MFF was visible and impactful. The Put-in-Bay Police Department was appreciative of their presence and requested they come back next year.



Photo credit: Captain Tom Parrot / putinbaydaily.com

Drug Recognition Expert Program: *Focused on Future Challenges and Trends*

By Sergeant Samuel C. Criswell

Drug Recognition Experts (DRE) are among the highest trained officers in detection of impairment in the nation. The DRE Program started in Ohio in 2010 and is now nationally accredited by the International Association of Chiefs of Police (IACP). It is the source of all impaired driving enforcement training programs to include standardized field sobriety testing, advanced roadside impaired driving enforcement (ARIDE) and DRE. During the last eight years, the DRE Program has trained thousands of officers. The program is a multi-agency effort with over 200 certified DREs representing 100 different state, county and local agencies. Currently there are 78 troopers who serve as DREs.

Early on, the Patrol had the foresight to invest in training all troopers and sergeants in ARIDE. This investment has paid dividends year after year by the increase of our arrests, specifically drug impaired drivers. This foresight has enhanced the Patrol as a leader in OVI enforcement nationwide. The dedication and commitment to the hard and dangerous work of removing impaired drivers from the roadways has always been a pillar of the Patrol. A vital role of the program is to provide training to law enforcement officers, prosecutors and judges to facilitate the removal and conviction of impaired drivers. In February, the program was invited to present at the Association of Municipal/County Judges of Ohio Conference. The presentation was a tremendous success with over 200 judges from every county in attendance with requests for additional training.

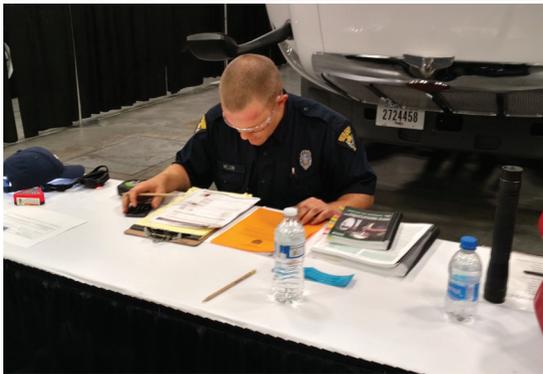
The Ohio DRE Program differs from other states with the emphasis placed on instructor development, collaboration and technology. Ohio's program utilizes tablet-based software to digitally complete evaluations to make DREs more efficient and produce more professional reports. The program was a pioneer with the software implementation and is a member of the advisory board for software development. Ohio's program espouses culture and collaboration with all agencies to establish best practice methods.

Poly-drug use is an increasing challenge in detecting and prosecuting impaired drivers. Crash statistics from the past year show 58 percent of drug impaired driving crashes occurred during the day. Naloxone administration during the same period showed nearly one-third occurred during the afternoon.

Facilitating the removal of impaired drivers both day and night from roadways is the life's work of a DRE. The DRE certification process is extensive, but rewarding, by providing the training and experience to impact others in ways that are often unknown. The program continues to look for dedicated individuals who want to grow their influence by working amongst the highest skilled officers in OVI detection in the country.



MCES Wilson receives national recognition



Ohio State Highway Patrol Motor Carrier Enforcement Inspector Supervisor (MCES) Brian K. Wilson, Cleveland District, along with his team finished first place during the inspection competition. The Team Award was given to the team with the highest combined score. The 2018 Annual Commercial Vehicle Safety Alliance, North American Inspectors Championships, recognizing and awarding commercial vehicle inspector excellence was held in Columbus August 14-18.

The Team Award members consisted of MCES Brian Wilson and participants from British of Columbia, Missouri, Nebraska, New Mexico, Texas, Utah, Vermont and Washington.

Retired Lieutenant Colonel Black and Sergeant Smart receive awards at MVCI Conference



Sergeant Shaun O. Smart and retired Lieutenant Colonel Michael D. Black attended the 28th Annual Motor Vehicle Criminal Interdiction Training Conference on August 27-30 in California. The MVCI Training Conference provides high-quality, professional criminal interdiction training to officers throughout the United States, Canada and abroad.

The topics discussed were criminal interdiction trends, hidden compartments, legal updates, contraband concealment, use of canines, emerging technologies and analyzing data.

During the conference's awards banquet this year, Sergeant Smart was awarded with the National Instructor of the Year and retired Lieutenant Colonel Black was awarded with the EPIC Directors Award.

Trooper Browne and K9 Atos take silver

Trooper Colt W. Browne, Bucyrus District Criminal Patrol, and K9 Atos earned the silver medal in the building narcotics detection competition at the 2018 Ohio Police and Fire Games. The event was held in June in Canton and offers more than 35 events for the competitors.



Six earn perfect score of 500



Captain Chris J. Zurcher, Major B. Gene Smith, retired Staff Lieutenant Heidi A. Marshall, Sergeant Nickolas B. Goodnite, Trooper Bryan M. Dail and Trooper Shelly R. Ledyard were recognized for their perfect score on the Health and Physical Fitness Evaluation.

All of the officers who achieved a perfect score were asked to be at the Academy on June 22, but were not told what it was about. Four out of the six officers were able to attend and when they got there, they were presented with a gold medallion frame. The two other officers received theirs on different days during the same week.

Thousands of troopers have taken the Graded Exercise Test (GXT) over the years, but only six have gotten a perfect score of 500.

Ace and Criminal Patrol Awards



Winners of the Ace and Criminal Patrol Awards were recognized on July 19. These troopers worked diligently to look “beyond the plate” in order to remove drugs from Ohio communities and return stolen vehicles to their rightful owners.

Annual Retiree Cookout



The fifth annual Ohio State Highway Patrol retiree cookout was hosted on June 15 at the Patrol's Academy. The annual cookout is an opportunity to honor retirees for their hard work and dedication to the Patrol during and after their career.

All retired uniform and non-uniformed employees were welcome to attend. Patrol employees are given the chance to reconnect with their coworkers who they may not have seen or talked to since their retirement.

The Patrol would like to thank our sponsors; the State Highway Patrol Federal Credit Union, the Ohio State Highway Patrol Retirees Association, the Ohio State Troopers Retirees Association and the Ohio State Highway Patrol Auxiliary for providing a great event.



Auxiliary Officer Tom Morgan

Tom Morgan was a former Auxiliary Officer with the Patrol, a World War II veteran and a member of the American Legion. In September, Morgan's friend and Legionnaire, R. Jed Coutts, made a trip to the Van Wert Post with Morgan's Auxiliary uniform. Included was the outer jacket, hat and tie.

The American Legion sponsored Morgan, Coutts and a few other members to join the Auxiliary after WWII. Morgan was the oldest living Auxiliary member at age 93 and received a pin at the 75 year anniversary. Morgan and his wife Eleanor resided in Auglaize County until he recently passed away. He graduated from Lincoln View High School in 1942 and was drafted into the United States Army in 1944. While in the Army, Morgan was stationed at Sugamo Prison in Tokyo where he guarded Hideki Tojo - a general of the Imperial Japanese Army, the leader of the Imperial Rule Assistance Association and the 27th Prime Minister of Japan.



New Auxiliary Store



On July 27, the Auxiliary opened a new Auxiliary Store located inside the Patrol's Training Academy. The new location includes a showroom to display merchandise available for purchase.

Upcoming Retiree Events

2019 Snowbird
February 28 - March 2
Lake Mary, Florida



2018 Sunbird



The 2018 North Coast Sunbird was hosted on August 18 at the Ohio Veterans Home Pavilion. Patrol retirees from all around come to the event for lunch and fellowship.

Aspiring young officer raises money for bulletproof K9 vests

On June 18, 8-year-old Brady Snakovsky from Strongsville donated four K9 vests to the Ohio State Highway Patrol's Cleveland District. Snakovsky raised money through school events and a GoFundMe page.

The vests have ballistic panels to protect the dog from gunfire and debris. They are lightweight and form-fitted specifically to each dog which allows the dogs to be as agile as normal.

Snakovsky has wanted to be a police officer, specifically a K9 officer, since he was two years old. His bedroom is law enforcement themed and has police patches all over.

A GoFundMe campaign was started by Snakovsky on January 7. He started his campaign with the goal of collecting enough money for just one ballistic K9 vest, but with the support of his family, community and Line of Fire Defence Systems he was able to donate four vests.

Each vest cost \$1,200, but Line of Fire Defence offered Snakovsky the law enforcement price which allowed him to purchase three more than he anticipated.

Snakovsky said if he raises enough money, he'll donate a vest to any local police department that needs one. Since donating to the Patrol, he has vested three more K9s with police departments in Williamsburg, Montville Township and Avon.

His next goal is to donate nine more vests by the end of the year. He hopes one day all K9s are provided with a vest.



Nine K9 Officers Graduate from Patrol's Academy



Graduates include: K9 Ure with Trooper Kyle J. Mayle from the Bucyrus District, K9 Danny with Trooper Jerad L. White from the Piqua District, K9 Gali with Trooper Lindsay J. Barrett from the Columbus District, K9 Boy with Trooper Brett M. Lee from the Wilmington District, K9 Gabi with Trooper Justin T. Van Meter from the Wilmington District, K9 Csuti with Officer Bryan Granchie from the Columbiana Police Department, K9 Summit with Officer Ryan Dompier from the Whitehall Police Department and K9 Kilo with Deputy Reese Thompson from the Jefferson County Sheriff's Office. (Not pictured: K9 Bleck with Trooper Jacob Lawrence from the Columbus District)

163 Academy Class Graduates



The Patrol's 163rd Academy Class graduated on June 22 after 24 weeks of intense training. The keynote address was provided by Ohio University Chillicothe Chief James R. McKean, Ph.D., associate professor. Additional remarks were provided by Director John Born, Ohio Department of Public Safety; Colonel Paul A. Pride, Patrol superintendent and Captain Chuck A. Jones, Academy commandant. The Oath of Office was issued by Judge Everett H. Krueger, Delaware County Court of Common Pleas. Courses completed by the class included, crash investigation, criminal and traffic law, detection of impaired drivers, firearms, physical fitness, self-defense and emergency vehicle operations.

Each of the graduates reported to their posts on June 25. The graduates' first 60-working days include a field-training period under the guidance of a veteran officer. The new graduates were assigned to 17 of the Patrol's 58 posts.

Public Safety Leadership Academy



The sixth Public Safety Leadership Academy class graduated 40 law enforcement leaders on June 8 after 11 weeks of accredited, college-level training through a partnership with The Ohio State University – John Glenn College of Public Affairs. Graduates received 10 semester hours of academic credit, along with a certificate in Senior Leadership. The specialized curriculum completed by the graduates is part of a carefully-managed course with content in the areas of leadership and ethics; interpersonal and organizational communication; public management; organizational culture and ethics; human resources management; budgeting; and organizational behavior in law enforcement.

African American Leadership Conference



The Ohio State Highway Patrol hosted the 2018 African American Leadership Conference which provided employees with the opportunity to network, foster teamwork and participate in conversation. The Patrol is committed to the leadership development of its employees. This event was a great success thanks to the speakers, planning committee and all who attended. Lieutenant Colonel Kevin Teaford and District 6 Chaplain Jerome Taylor opened the conference. Engaging presentations followed with speakers including retired Lieutenant Colonel Gil Jones, Columbus Urban League President and CEO Stephanie Hightower, The Ohio State University Athletic Director Gene Smith, Ohio State football player Jordan Fuller, Cleveland State University Police Chief Gary Lewis, and closing remarks by Lieutenant Colonel Richard Fambro and Chaplain Taylor.

University of Rio Grande President Johnston receives Certificate of Recognition



Jackson District staff presented University of Rio Grande President Michelle Johnston with a Certificate of Recognition on May 29. Johnston provided law enforcement with training opportunities as well as the use of the University's facilities on numerous occasions. Pictured are, from left, retired Staff Lieutenant R. Scott Bordon, Rio Grande Officer Mark Kinney, AP4 Lynne A. Robinson, Lieutenant Barry L. Call, Rio Grande President Michelle Johnston, Staff Lieutenant Max B. Norris, Captain Carl Roark, Staff Lieutenant Matt L. Evans and Rio Grande Sergeant Sean McIntyre.

Honorary Trooper visits state agencies



After completing his goal to visit every Patrol post in Ohio, Honorary Trooper Brett Holbrook spent his summer traveling the United States visiting other state law enforcement agencies. On June 28, Honorary Trooper Holbrook received a tour of Tennessee Highway Patrol's Colonel Dereck Stewart's office, THP State Headquarters, fleet, aviation, K9s and the Training Academy. Pictured are, from left, Colonel Dereck Stewart, Brett Holbrook and Lieutenant Bill Miller.

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Buckeye Girls and Boys State



The Ohio State Highway Patrol is proud to support the American Legion Auxiliary Buckeye Girls State. A select group of high school girls got the unique experience of learning what it's like to be a trooper under the direction of active personnel.

This year, Buckeye Girls State was held at the University of Mount Union. The girls had the opportunity to interact with members of the Patrol and become a Buckeye Girls State trooper. They also listened to a Five Minutes for Life presentation and learned how to live a drug-free lifestyle.



In June, the Ohio State Highway Patrol had the opportunity to work with American Legion Buckeye Boys State. A smaller group of students received training from active Patrol members and learned about what it takes to be a trooper.

Buckeye Boys State was hosted at Miami University and brought in almost 1,200 new members. The boys selected for the 2018 Buckeye Boys State Ohio State Highway Patrol detail provided them with the chance to become cadets, train with troopers and be part of a cadet graduation.

Ohio State Fair No-Zone



During the Ohio State Fair, the Licensing and Commercial Standards unit of the Patrol partnered with the Public Utilities Commission of Ohio, the Federal Motor Carrier Safety Administration, YRC Freight, Walmart and the Ohio Trucking Association to bring awareness about the "No-Zone." Motor Carrier Inspector Enforcement Supervisor Brandon M. Evans explained to guests the dangers of blind spots around commercial vehicles.

Special Olympics Torch Run



Findlay District



Troopers from the Findlay District attended the Toledo Area Police Memorial Service on May 18. The service honors fallen officers who were killed in the line of duty. Families of the fallen officers and law enforcement from around the state attended the memorial.

Hamilton Post



During a retiree event, retired Trooper Hank Korb noticed that the hand-painted State Highway Patrol sign, which was on the Hamilton Post building, had not been seen for many years. When the building was rebuilt in 1998, the sign was never reinstalled. Retired Trooper Korb was able to locate the sign, and with the help of DHQ Radio Technicians and Maintenance Repair Worker James C. Braden, the sign was installed onto the building after 20 years.

Columbus District



Members of the Columbus District assisted federal and local law enforcement partners, and provided safety and security for Vice President Mike Pence during his visit to Columbus on June 15.

Canfield Post



Trooper Daniel L. DeLuca and Teddy Trooper attended the Fourth of July Party on the Plaza in Austintown. Trooper DeLuca and Teddy Trooper had the opportunity to interact with approximately 8,000 people who attended the event.

Ravenna Post



Lieutenant Darren K. Thomas, troopers from Post 67 and fallen Patrolman William J. Keller's family attended the first Portage County FOP Law Enforcement Memorial on May 22 to honor Patrolman Keller. Patrolman Keller started with the Patrol on December 17, 1971, and his end of watch was October 14, 1972.

Bucyrus Post



Trooper Carissa M. Webb and Sergeant Sean E. Carpenter attended a Drive Sober or Get Pulled Over Kick Off Event at Carey High School in Wyandot County. Representatives from the Safer Communities Coalition and Guardian Custom Glass Solutions also attended the event. A football signed by the Carey High School football team was donated for a raffle and won by guests who attended.



Canfield Post

Trooper Shawn Martin and Dispatcher Supervisor Dorothy E. O'Neil-Meleski attended the Craig Beach Volunteer Fire Department's "Safety Day at the Lake" on June 2. Trooper Martin and Dispatcher Supervisor O'Neil-Meleski spoke to people about safety and distracted driving. Guests also were able to try out the fatal vision goggles to provide a better understanding of impaired driving.

Delaware Post



Troopers from the Delaware Post and Teddy Trooper visited Bright Beginnings Preschool in June. The students were able to see a charger, SUV and motorcycle. The children met Teddy Trooper and received sticker badges, pencils and frisbees.

Circleville Post



The Ohio State Highway Patrol partnered with the Pickaway County Sheriff's Office, the Ohio Traffic Safety Office, the Ohio Department of Transportation and Motorcycle Ohio to promote motorcycle safety on August 31. The event was held at the Pickaway County rest area. Representatives from all five agencies attended the event including Motorcycle Ohio driving instructors and their mechanic, Frank Pierce. Instructors and law enforcement officers were available to provide driving and riding safety tips. Pierce, a certified mechanic, was available to discuss mechanical issues at no cost to the riders.

Xenia Post



The Patrol partnered with the Ohio Department of Transportation (ODOT) to host a Move Over media event in Greene County in June. Lieutenant Matt R. Schmenk spoke to the media about June being National Safety Month and the Move Over Law. Representatives from ODOT were also at the event to answer any questions and to speak to the media.

Chillicothe Post



Trooper Ryan N. Miller was selected to throw out the first pitch at a Chillicothe Paints baseball game on June 28. Also throwing out a pitch was 8-year-old Jacob Stauffer.

Gallipolis Post



Bidwell resident Rayford A. Minnis joined Ohio's "Saved by the Belt" club on August 27 after his safety belt saved him from being seriously injured or killed in a crash. Lieutenant Barry L. Call presented Minnis with a "Saved by the Belt" certificate signed by Ohio Department of Public Safety Director John Born and Colonel Paul A. Pride. Minnis also received a "Saved by the Belt" license plate bracket.

Springfield Post



Lieutenant Brian K. Aller attended the Clark County Fair and visited the Safe Community Booth. Pictured are; (front) Ohio SADD Coordinator Teresa Carpenter, (middle) Clark County Safe Communicator Director Emma Smales and intern Maddie Hackathorne, (back) Lieutenant Aller.

Lebanon Post



Trooper Brett M. Lee and cadet intern Kyle Seldon competed in and took first place at the Hero's Race on August 11. They competed against other police and fire departments at the annual cardboard boat regatta in Hamilton Township. The Lebanon Post entered the boat as part of the Drive Sober or Get Pulled Over kick off campaign.

Fremont Post



Lieutenant Matthew B. Meredith visited Hopewell Loudon Schools in Seneca County for a Safety Patrol training. Last school year a Safety Patrol Group was formed and Lieutenant Meredith attended the school to train the students and teach them about traffic safety. He returned this year to train the new members.

Cambridge District



The Cambridge District partnered with the Muskingum County Sheriff's Office, Zanesville Police Department, Safe Communities, Muskingum County Commissioners and AAA to host a Drive Sober and Get Pulled Over kick-off at the Muskingum County Fair in August.



In March, retired Lieutenant Robert "Bob" Bistor was inducted into the Holiday Travel Resort Softball Hall of Fame in Leesburg, Fla. where Bob and other Snowbirds stay for the winter. After retiring from the Patrol, he played and coached softball until 2014. He then retired from both playing and coaching. Pictured are, from left, retired Trooper Jerry Gordon, retired Major John Bistor, retired Lieutenant Bob Bistor, Cheri Hahn and retired Lieutenant W. David Peters.



On August 28, retired Trooper John Pachuta turned 95 years old. His children threw him a party which only family was initially invited to, but John insisted on his Patrol buddies to be there. Patrol retirees who attended included Captain Del Everett, Lieutenant Dave Peters, Sergeant Glenn Baker, Trooper George Coler, Trooper Jerry Gordon, Trooper Jerry O'Donnell, Secretary Eloise Wilson, Driver Examiner Darlene Larrick and some of their spouses.

Heidi A. Marshall

Staff Lieutenant Heidi A. Marshall, Office of Personnel, Training Academy, retired on June 25, 2018, after 23 years with the Patrol. She joined the Patrol in May 1995 as a member of the 127th Academy Class. She earned her commission in November of that year and was assigned to the Mt. Gilead Post. During her career with the Patrol, she has served as instructor at the Patrol's Training Academy and was assigned to the Delaware, Chardon, Circleville and Lima posts. In 2009, she was selected as Post and District Trooper of the Year. In 2010, she was promoted to the rank of sergeant and served as an assistant post commander at the Lima Post. In 2011, she was promoted to the rank of lieutenant and transferred to the Patrol's Training Academy. In 2014, she was promoted to the rank of staff lieutenant and transferred to the Professional Standards Unit. As a staff lieutenant, she also served in the Office of Personnel, Training Academy.



Staff Lieutenant Marshall earned a Bachelor of Arts degree in religious studies from Cleveland State University in 1994, a Master of Business Administration from Capital University in 2000 and a Juris Doctorate degree from Capital University Law School in 2005. She completed training at the FBI National Academy in 2016.

Jeffrey D. Skinner

Staff Lieutenant Jeffrey D. Skinner, Office of Planning and Finance, retired on July 6, 2018, after 29 years with the Patrol. He joined the Patrol in May 1989 as a member of the 118th Academy Class. He earned his commission in November of that year and was assigned to the Ironton Post. He was selected as Post Trooper of the Year three times and District Trooper of the Year in 1993. In 1995, he was promoted to the rank of sergeant and transferred to the Wilmington Post to serve as an assistant post commander. As a sergeant, he also served at the Marietta and Athens posts. In 2008, he was promoted to the rank of lieutenant and remained at the Athens Post to serve as post commander. In 2012, he was promoted to the rank of staff lieutenant and transferred to the Cambridge District Headquarters to serve as an assistant district commander. As a staff lieutenant, he also served in the Office of Planning and Finance.



Michael R. Gore

Lieutenant Michael R. Gore, Ironton Post, retired on August 31, 2018, after 32 years with the Patrol. He joined the Patrol in August 1986 as a cadet dispatcher assigned to the Jackson Post. He became a member of the 116th Academy Class in April 1987. He earned his commission in September of that year and was assigned to the Ironton Post. In 1996, he was selected as Post Trooper of the Year. In 1997, he was promoted to the rank of sergeant and transferred to the Jackson Post to serve as an assistant post commander. As a sergeant, he also served at the Ironton Post. In 2005, he was promoted to the rank of lieutenant and remained at the Ironton Post to serve as post commander. As a lieutenant, he also served at the Portsmouth Post.



Lieutenant Gore received a bachelor's degree in English from University of Rio Grande. He completed advanced leadership training at Northwestern University's School of Police Staff and Command in 2007.

Andrew R. Worcester

Sergeant Andrew R. Worcester, Fremont Post, retired on July 13, 2018, after 26 years with the Patrol. He joined the Patrol in May 1992 as a member of the 123rd Academy Class. He earned his commission in November of that year and was assigned to the Norwalk Post. He earned the Ace Award for excellence in auto larceny enforcement twice. As a trooper, he also served at the Fremont and Sandusky posts. In 2006, he was promoted to the rank of sergeant and remained at the Norwalk Post to serve as an assistant post commander. As a sergeant, he also served at the Bowling Green, Lima, Xenia, Fremont and Findlay posts.



Retirements in this issue of the Flying Wheel include those employees who retired from June 2018 - August 2018.

Jovito Cirilo

Trooper Jovito Cirilo, Cleveland Post, retired on June 23, 2018 after 21 years with the Patrol. He joined the Patrol in February 1997 as a member of the 128th Academy Class. He earned his commission in July of that year and was assigned to the Sandusky Post. In 2007, he earned the Criminal Patrol Award. As a trooper, he also served at the Elyria Post.



Robert B. Lindenborn

Trooper Robert B. Lindenborn, Piqua District Commercial Enforcement Unit, retired on August 24, 2018, after 27 years with the Patrol. He joined the Patrol in May 1991 as a member of the 121st Academy Class. He earned his commission in November of that year and was assigned to the former Eaton Post. As a trooper, he also served at the Dayton and Piqua posts.



Ronald G. Dear

Trooper Ronald G. Dear, Xenia Post, retired on June 1, 2018, after 27 years with the Patrol. He joined the Patrol in May 1991 as a member of the 121st Academy Class. He earned his commission in November of that year and was assigned to the Toledo Post. As a trooper, he also served at the former Eaton Post, as well as the Dayton and Xenia posts.



Trooper Lindenborn served in the United States Air Force from 1982 to 1990.

John J. Tibbs

Trooper John J. Tibbs, Wilmington District Criminal Investigations Unit, retired on July 13, 2018, after 29 years with the Patrol. Trooper Tibbs began his Patrol career in February 1989 as a cadet dispatcher assigned to the Georgetown Post. He became a member of the 120th Academy Class in May 1990. He earned his commission in February of the following year and was assigned to the Wilmington Post. He was selected as Post Trooper of the Year twice. Throughout his career, he also served at the Batavia and Georgetown posts, Wilmington District Criminal Patrol Unit and the Wilmington District Criminal Investigations Unit.



He completed advanced leadership training at Northwestern University's School of Police Staff and Command in 2008.

Matthew P. Franzdorf

Trooper Matthew P. Franzdorf, Defiance Post, retired on August 11, 2018, after 26 years with the Patrol. He joined the Patrol in May 1992 as a member of the 123rd Academy Class. He earned his commission in November of that year and was assigned to the Defiance Post. He was selected as Post Trooper of the Year four times. He also served at the Wapakoneta Post.



Robert D. Waulk

Trooper Robert D. Waulk, Lebanon Post, retired on June 29, 2018 after 23 years with the Patrol. He joined the Patrol in May 1995 as a member of the 127th Academy Class. He earned his commission in November of that year and has been assigned to the Lebanon Post for most of his career. He also served at the Wilmington District License and Commercial Standards Unit.



In the next issue:

- 85th Anniversary Gala
- Shawn Christy Manhunt
- Kent State University Rally

Gary W. Whitacre

Trooper Gary W. Whitacre, Ravenna Post, retired on June 22, 2018, after 25 years with the Patrol. He joined the Patrol in May 1993 as a member of the 125th Academy Class. He earned his commission in November of that year and has been assigned to the Ravenna Post throughout his career. In 2005, he was selected as Post Trooper of the Year and earned the Ace Award for excellence in auto larceny enforcement.



Trooper Whitacre served in the United States Army from 1983 to 1989.

Pamela J. Kelly

Dispatcher Pamela J. Kelly, Wilmington Dispatch Center, retired on July 1, 2018, after 30 years of state service. She began her state career in March 1988 with the Ohio Veterans Children's Home as a House Parent. In 1997, she was promoted to a Security Officer 1 and remained at the Ohio Veterans Children's Home. Later that year, she transferred to the Ohio State Highway Patrol and promoted to a Dispatcher. As a dispatcher, she was selected as Post Dispatcher of the Year six times and District Dispatcher of the Year in 2003. She also earned the Ohio Gold Star Award twice. She also served at the Dayton and Xenia posts, and Wilmington Dispatch Center.



Kevin J. Fannin

Dispatcher Kevin J. Fannin, Portsmouth Dispatch Center, retired on July 31, 2018, after 20 years with the Patrol. He began his Patrol career in May 1998 as a dispatcher assigned to the Portsmouth Post. As a dispatcher, he was also assigned to the Jackson and Portsmouth dispatch centers.



Tommie D. Rarick

Portable Load Limit Inspector Tommie D. Rarick, Bucyrus District Commercial Enforcement Unit, retired on August 31, 2018, after 36 years with the Patrol. He joined the Patrol in January 1982 as a Portable Load Limit Inspector and has been assigned to the Bucyrus District Commercial Enforcement Unit throughout his career.



Tom A. Reffey

Portable Load Limit Inspector Tom A. Reffey, Bucyrus District Commercial Enforcement Unit, retired on July 9, 2018, after 37 years with the Patrol. He joined the Patrol in July 1981 as a Portable Load Limit Inspector and has been assigned to the Bucyrus District Commercial Enforcement Unit throughout his career.



PLLI Reffey has served in the United States Navy Reserve since 1997.

Kenneth W. Souder

Portable Load Limit Inspector Kenneth W. Souder, Columbus District Commercial Enforcement Unit, retired on June 22, 2018, after 22 years with the Patrol. He joined the Patrol in March 1996 as a maintenance repair worker 2 assigned to the Granville Post. In 2012, he was promoted to a Portable Load Limit Inspector and transferred to the Columbus District Commercial Enforcement Unit.



Kimberly A. Batey

Financial Associate
Kimberly A. Batey, Fleet Management, retired on June 15, 2018, after 32 years of state service. She began her state career in January 1986 with the Ohio Department of Rehabilitation and Correction. She joined the Patrol in 2001 as an Office Assistant 2 assigned to the Office of Personnel. In 2002, she was promoted to a secretary and transferred to the Lancaster Post. In 2010, she was promoted to an Inventory Control Specialist 2 and transferred to Fiscal Services. As an inventory control specialist 2, she also served in Fleet Management. In 2015, she was promoted to a financial associate and remained in Fleet Management.



Tamara Norton-Fair

Software Development Specialist 2 Tamara Norton-Fair, Computer Operations, retired August 31, 2018, after 12 years with the Patrol. She began her Patrol career in July 2006 as a Systems Analyst 1 assigned to the Systems Operations/LEADS. In 2010, she was promoted to a Software Development Specialist 2 and remained in Systems Operations/LEADS.



Manage Stress with Nutrition

By *Whitney Money MS, RD, LDN*

The holiday season is approaching, and this time of year can bring 'good' and 'bad' stressors for you and your family. Stress of our daily lives and jobs is also something we all deal with on a regular basis. Stress and nutrition are interlinked, when we are stressed we tend to eat bad comfort food and when our bodies are poorly fed, stress takes an even greater toll on our health.

Good stress is a motivating stress that can propel you forward and help you achieve your goals. It can help you accomplish tasks more efficiently and boost your memory. Events that could contribute to good stress include a deadline, giving a speech or a scheduled high-intensity workout. It can also be the anticipation of waiting for something exciting. Such as preparing for a vacation or a holiday or waiting for the birth of a new family member.

Bad stress is ongoing or chronic stress that can slow you down and inhibit you from doing the things you enjoy or need to do. This kind of stress that stays around for weeks or months is detrimental because it can weaken the immune system and cause high blood pressure, fatigue, depression, anxiety, weight gain and even heart disease. Examples that can contribute to bad or chronic stress include relationship strain, finances, loss of a family member, or ongoing high demands at work.

A well-balanced, nutrient-dense diet of carbohydrates, proteins, vitamins and minerals can help boost your immune system, energy levels, and mood. However, in times of stress, many people don't think about healthy eating. They either skip meals or eat at fast food restaurants as a response to stress, which can lead to more of an emotional strain and cause a negative toll on their health over time.

So, what can you do to eat healthy while under stress? Eat regularly. Eating three balanced meals a day, which include all the food groups, will keep you fueled to handle anything hectic throughout the day. Make sure you're getting a variety of foods in your diet. Fruits and vegetables contain vitamins and minerals like copper, zinc, manganese, and vitamins A, E and C. These vitamins and minerals work to neutralize the stress-related hormone cortisol and boost your immune system.

Include healthy fats in your diet. Consume foods rich in anti-inflammatory compounds, such as omega-3 fatty acids found in walnuts, flax seed, avocados and fish oil. Also, add fiber-rich foods like oatmeal, nuts, beans, fruits and vegetables to your diet.

Drink more water and less caffeine. Drinking too many caffeinated beverages can cause anxiety, irritability, sleeplessness and headaches. Drink more water to keep hydrated. Finally, stock up on healthy snacks. If you know that a stressful or busy time is approaching, prepare by stocking up on quick, healthy snacks that are high in protein and fiber.

Overall, to stay ahead and control your daily and/or seasonal stress adapt an all year healthful lifestyle which includes eating well, exercising, sleeping adequately and enjoying your free time.



OHIO STATE HIGHWAY PATROL

Chaplain's Comments



One of the most visible functions of your chaplains is to offer prayers at various ceremonies and functions. We do not have a monopoly on offering the prayers, but it is an honor and, I believe, an important part of the heritage of the Ohio State Patrol. In the absence of a chaplain, anyone else certainly has the right to offer a prayer; no license or certification is required.

But prayer goes well beyond just the speaking of a few words. It is a way of life. It is learning to listen. It is empowerment. A football game is not won in the locker room listening to the coaches and asking questions. It is won by the players on the field as they put into action what they have learned and by which the inspiration of the pep talks has given them power.

In First Thessalonians 5:17 we read "Pray without ceasing."

This becomes impossible if we believe that prayer is only real when spoken in a formal manner. But if prayer is a way of life, it becomes not just a telephone line but a power line bringing us not just inspiration, but by connecting us to what the AA program calls the Higher Power, but which most of define as the Lord or God. When we have that connection, we have not just guidance, but a source of energy which enables us to echo the Apostle Paul who declared: "I can do all things through Christ who strengthens me." (Philippians 4:13) When we have the guidance of the Lord which comes from Bible study, and conversation with others and we sense the presence of the Lord each day then we are praying without ceasing. It becomes a relationship.

In this relationship we become victors and never victims.

The 85th anniversary of the Patrol confirms the power of prayer.

With limited resources, the newly commissioned Patrolmen rode out with a Harley and a prayer. They made a difference, even as everyone involved in the activity of the Patrol is making a great contribution to making life safer. It is a calling to which you have responded.

At times it becomes dangerous and difficult. Remember and take advantage of prayer as a relationship which provides guidance and power in a constant manner.

Your District Chaplains join with me in assurance that you are in our prayers every day and night. May the Lord guide and protect you as you accomplish "miracles" and make Ohio a safer place to life. Do not hesitate to pray without ceasing. It truly makes a difference.

Respectfully,

Richard D. Ellsworth
State Chaplain

FLYING WHEEL

The *Flying Wheel* is published by the Ohio State Highway Patrol in the interest of the entire Patrol family.

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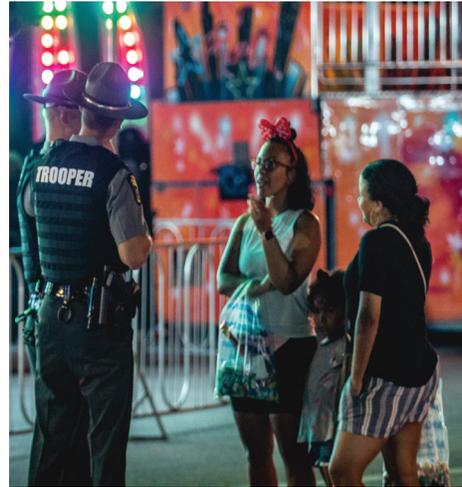
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2018 Ohio State Fair



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THE OHIO STATE HIGHWAY PATROL

85th Anniversary

Yearbook

The Ohio State Highway Patrol's 85th Anniversary Yearbook is on sale now. The hard covered book highlights accomplishments from each division from the last five years and every Patrol employee is featured. The book is scheduled for delivery in early 2019. Order yours today by visiting https://www.statepatrol.ohio.gov/doc/85_yrbk-order.pdf.